

*December 2023*

*Tēnā koutou katoa e Te Kākanō whānau*

It's been a while since our last issue. We have been on a journey! Over this time, we have taken steady strides towards our goals. Now, we are thrilled to bring you this exciting edition of our newsletter, where we will be sharing the latest news and future developments of Te Kākanō Research Network. Let's dive in and celebrate our progress together!

## Supporting Early Career Researchers

Collaboration and support are essential aspects of research. Alongside our online ECR get-together sessions, we are thrilled to announce another fantastic opportunity for engagement. Chien, our dedicated Te Kākanō research fellow, has initiated a weekly "Shut up and write!" session that takes place every Thursday morning at 9 am. This online event provides a welcoming and sociable environment for postgraduate students and researchers to gather and work on their writing using the Pomodoro technique.

If you are an ECR or a supporter of ECR and are seeking additional motivation and support for writing endeavors, we encourage you to reach out to Chien at [chien.ting@aut.ac.nz](mailto:chien.ting@aut.ac.nz). Chien will be more than happy to provide further details and assist you on your writing journey.

## Research Roadshow

This year, the Te Kākanō Research Network had the incredible opportunity to be part of the AUT Research Roadshow in September 2023. The event allowed us to engage in face-to-face interactions, connecting kanohi-ki-te-kanohi. It was an absolute delight, and we had an amazing time!



Te Hotonga Hapori, led by the remarkable Scott Duncan, gave a captivating presentation about the research journey that brings the community together. Their session was insightful, thought-provoking, and left a lasting impression on all attendees. We are incredibly proud of Te Hotonga Hapori and the impactful work they are doing within the research community.

## The Royal Society of New Zealand Catalyst fund

On the 16<sup>th</sup> to 20<sup>th</sup> of October 2023, we hosted Physical Activity (PA) top scholars from around the world to develop the 4<sup>th</sup> Physical Activity series for submission to The Lancet journal. PALS4, specifically guided by the Indigenous knowledge held within Te Ao Māori, is of strategic importance to NZ health and our position at the forefront of physical activity promotion.

During their visit we spent the first 2.5 days immersing our guests in a Māori cultural experience and the remainder of the time we scrutinised the three manuscripts of the 4<sup>th</sup> series. The cultural experience was led by **Robb Hogg**, **Prof Tania Kaai** and **Dr Issac Warbrick**. The peer review meeting was hosted by **Profs Erica Hinckson** and **Scott Duncan**. **Julia McPhee** was instrumental in pulling everything together behind the scenes along with **Jacqui Pratt**. We are thankful also for **Dr Charlotte Jelleyman** and **Lana Chisolm** (PhD candidate) for supporting this mahi.



## Updates on Funding and Grants

### **Te Kākano knowledge mobilisation grant 2023**

Last year, we provided 4 early career researchers with a \$5000 grant each for their knowledge translation work. Here are some of their incredible achievements. (also see <https://te-kakano.aut.ac.nz/our-research>).

Susana created conversation cue-cards and are working with coaches to help bring awareness about Pacific girls' journey in rugby.

Deb conducted Korikori Kōrero interviews with three wāhine to explore the ways they connect to significant places or environments through their embodied practice or physical activity. Deb has started to draft a manuscript reviewing some of the place-based narratives of Māori and Indigenous women that empower us to be active in nature.

### **Te Kākano Knowledge Mobilisation grant 2024 (new)**

This year, we were pleased to offer a \$5000 grant for early career researchers and PG students. This grant is sponsored by Peke Waihanga - Artificial Limb Service. Application has closed 30 November 2023, and we are currently reviewing the applications. For details of this grant please go to <https://te-kakano.aut.ac.nz/our-research>.

### **PBRF funding**

Congratulations to our members who have been awarded the PBRF funding to conduct research-related activities. The team led by Erica to attend ISBNPA conference 2024 was awarded 8k. Last year, our members did an outstanding job at ISBNPA conference in Sweden. This year, we are bringing our A-game. Also, Chien was awarded \$2700 to develop her Marsden project for next year.

## Our research

Te Kākano proudly supports Research Fellow Chien's Marsden Fast Start application. Her research explores improving communication between fitness instructors and older clients. Chien's background in language, culture and discourse studies provides a novel direction for sports research looking at the power construction in this setting, with support from Dr. Luigi Bercades.

## Publication

### Book chapters:

- McLeod, J., **Ferkins, L.**, & O'Boyle, I. (2022). Reflecting, prioritising and energising for a new generation of sport governance research. In D. Shilbury (Ed.), *A Research Agenda for Sport Management* (pp. 75–92). Routledge
- Invited book chapter. Shilbury, D., & **Ferkins, L.** (in press). Sport governance. In C. Anagnostopoulos, M. Kim, M. Dowling, & G. Zeimers (Eds.), *Routledge Encyclopedia of Sport Studies* (pp. X-X). New York: Routledge.

### Journal Publications:

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- 1. O'Boyle, I., Shilbury, D., & **Ferkins, L.** (2023). Leadership in and out of the sport boardroom: New empirical insights. *European Sport Management Quarterly*, 23(1), 188-206. (A)
- 2. Molloy, T., McCallum, K., **Ferkins, L.**, & Jelleyman, C. (2023). Diverse and inclusive tennis governance: Threading inclusive leadership practices into director selection. *ITF Coaching & Sport Science Review*, 31(90), 17–23. Retrieved from <https://www.itfcoachingreview.com/index.php/journal/article/view/461>
- 3. Ali, J.N., Naylor, M., **Ferkins, L.**, Stewart, T. (2023). Early career and seasoned referees: Contrasting motivation, perceptions of organisational support and intention to continue. *Managing Sport and Leisure*. Advanced online publication, DOI: [10.1080/23750472.2023.2258375](https://doi.org/10.1080/23750472.2023.2258375) (B)
- 4. Rentschler, R., Jogulu, U., Valos, M., & **Ferkins, L.** (2023). How strategic engagement is influenced by personal values: Insights from arts board directors. *Journal of Arts Management, Law and Society*. Advanced online publication, DOI: [10.1080/10632921.2022.2151540](https://doi.org/10.1080/10632921.2022.2151540) (C)
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- 5. Wilson, O.W.A., Whatman, C., Walters, S., Keung, S., Enari, D., Chiet, A., Millar, S.-K., **Ferkins, L.**, Hinckson, E., Hapeta, J., Sam, M., & Richards, J. (2023). “Balance Is better”: The wellbeing benefits of participating in a breadth of sports across a variety of settings during adolescence. *Int. J. Environ. Res. Public Health*, 19, 8597. DOI: <https://doi.org/10.3390/ijerph19148597>.
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## Update: conferences

### ASPA 2023

The ASPA conference took place on 27-28 November at Te Herenga Waka, Victoria University, and our team presented our journey to establish Te Kākano Research Network.



ASPA conferences align closely with the goals of Te Kāhano Research Network, which aims to foster multidisciplinary research through collaboration and unlock the potential of people, environments, and innovative technologies to create health, social, and economic benefits of physical activity and sport for all New Zealanders. This year's ASPA's conference theme "Mahi Tahi – Working Together" emphasises the importance of collaboration and collective efforts to advance physical activity.

### **ISBNPA Conference 2024**

ISBNPA promotes innovative and impactful research in behavioural nutrition and physical activity to improve human health and well-being worldwide. <https://isbnpa.org/about-us/vision-and-mission/>

ISBNPA conference 2024 is in Omaha, USA! The abstract is now open for submission. Follow the website for more information about ISBNPA conference. <https://annualmeeting.isbnpa.org/>

*As we approach the end of the university term and the holiday season draws near, we wanted to take a moment to wish you all a joyful and relaxing break. Whether you're heading off on an adventure or looking forward to some downtime with loved ones, we hope you have a truly wonderful and rejuvenating holiday. Take this time to recharge, reflect, and create cherished memories.*

*Te Kāhano Research Network core team  
Erica, Chien, Robb, Lesley, Lisa, Isaac*